

SSAFA Road Race 2  
Wednesday 24th June 2009

POS	Rno	NAME	CLUB	TIME	CATEG
1	137	Chris Moss	CAAC	14-52	SM
2	138	Steve Davies	Belgrave H	15-08	SM
3	128	Richard Gardiner	CAAC	15-09	MM35
4	148	Matthew Collins	CAAC	15-47	SM
5	108	Edward Takata	CAAC	16-11	SM
6	133	Matthew Evans	Neath Harriers	16-12	SM
7	089	Jonathon Peters	Cwmbran	16-13	SM
8	107	Paul Richards	Neath Harriers	16-14	MM40
9	171	Peter Ryder	CAAC	16-15	SM
10	099	Stuart Crees	Les Croups	16-20	SM
11	165	Peter Coles	Ponty Roadents	16-29	MM45
12	121	Lewis Wingfield-Young	CAAC	16-31	SM
13	136	Calum Cheshire	Les Croups	16-35	SM
14	109	David Rees	Swansea HAC	16-40	SM
15	143	Nicky Dukes	Les Croups	16-46	SM
16	116	Nick Frost	Ponty Roadents	16-49	MM45
17	150	Rhys Pitman	Ponty Roadents	17-17	MM35
18	154	Chris Pristavec	U/A	17-27	SM
19	135	Jamie Nutt	Les Croups	17-39	SM
20	126	Gareth Morgan	Les Croups	17-43	SM
21	134	Robert Jones	Les Croups	17-45	MM50
22	127	Robert Sage	Les Croups	17-50	SM
23	097	Andrew Baker	Ponty Roadents	17-52	MM40
24	087	Mick McGeoch	Les Croups	17-55	MM50
25	125	Phil Tugwell	Cornwall A.C.	18-00	SM
26	159	Jerome Edwards	San Domenico	18-03	SM
27	160	Matt Hurford	Les Croups	18-04	MM35
28	169	Angela Heeley	San Domenico	18-06	SW
29	095	Steven Hooper	Ponty Roadents	18-18	MM40
30	176	Elio Lepore	Les Croups	18-21	MM55
31	164	Paul Jenkins	U/A	18-32	MM45
32	106	Jon Embling	Bridgend	18-33	MM50
33	151	Paul Coker	Les Croups	18-40	MM50
34	142	Daniel Harris	Les Croups	18-42	SM
35	132	Derek Scarborough	Bridgend	18-47	MM50
36	110	Glyn Sansom	San Domenico	18-54	MM45
37	111	Matt Hopkins	Les Croups	19-01	SM
38	147	Marcus Coles	Les Croups	19-09	MV35

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39	105	Matthew Herbert	Bridgend	19-12	SM
40	100	Katie Beecher	Les Croups	19-13	SW
41	115	Rob Evans	Les Croups	19-14	MM55
42	170	Adam Morton	Les Croups	19-15	SM
43	122	John O'Shea	Les Croups	19-18	MM50
44	096	Matthew Townsend	Les Croups	19-20	MM40
45	149	Kelly Morgan	Ponty Roadents	19-25	SW
46	172	Dean Birt	Ponty Roadents	19-25	SM
47	129	John Diffey	Les Croups	19-28	MM45
48	130	Eurof Davies	Les Croups	19-30	MM40
49	088	Jon Sizer	U/A	19-33	MM50
50	163	Matthew Hooper	CAAC	19-40	SM
51	104	Shayne Shavers	Les Croups	20-00	MM35
52	173	Howard Kent	Les Croups	20-13	MM55
53	124	David Proffit	Newport HAC	20-22	MM55
54	153	John Plain	Les Croups	20-24	MM60
55	168	Joanna Prichard	Les Croups	20-27	FM35
56	152	Jane Coker	Les Croups	20-33	FM45
57	092	Dominic Shields	San Domenico	20-44	MM40
58	140	Alan Mann	Les Croups	20-49	MM50
59	102	James Delaney	San Domenico	20-53	MM50
60	103	Graeme Donnan	Les Croups	20-54	MM55
61	161	Cheryl Hudgell	Les Croups	20-55	SW
62	123	Alan Mason	Les Croups	20-55	MM45
63	114	Bob Woolterton	Bridgend	20-57	MM60
64	139	Jacqui Brace	Bridgend	20-58	FM50
65	120	Jeff Aston	Les Croups	21-30	MM60
66	162	Liz Ashton	Les Croups	21-33	SW
67	174	Fiona Davies	Bridgend	21-37	FM50
68	113	Tony Carzana	Pegasus	21-41	MM60
69	144	Stuart Davidson	Bridgend	21-58	MM55
70	112	Michael Dix	Les Croups	22-03	MM50
71	141	Loretta Daley	Les Croups	22-05	FM40
72	131	Gerry O'Beirne	Les Croups	22-10	MM50
73	090	Julie Scholey	Les Croups	22-17	FM50
74	091	David McDonald	Les Croups	22-29	MM40
75	118	Robert Phillips	Ponty Roadents	22-40	MM45
76	158	Alun Williams	U/A	22-45	SM

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77	166	Carl Huntley	U/A	23-05	SM
78	094	Howard Brown	Les Croups	23-22	MM60
79	155	Chris Morgan	Les Croups	23-36	MM40
80	098	Stephanie Davies	Ponty Roadents	24-53	JW
81	175	Malcolm Bulough	U/A	25-09	MM50
82	156	Sarah Dodd	U/A	25-37	SW
83	157	Gillian McCue	Les Croups	25-43	SW
84	167	Dave Huntley	U/A	25-49	MM50
85	117	Clare Johnson	Les Croups	25-51	FM60
86	101	Fan Warner	U/A	25-53	FM50
87	145	Gill Murphy	Les Croups	26-46	FM55
88	119	Paula James	Ponty Roadents	27-29	FM35
89	093	Tony Dorsett	Les Croups	28-22	MM65
90	177	Tracy Cottnam	Penarth & Dinas	28-59	FM45
91	146	Mike Murphy	Les Croups	29-14	MM55