

**UK Women's League Division 2**  
**Round: 3**  
**Grangemouth Stadium, Glasgow.**  
**Sunday 2 August 2009**

**100m A** Wind +2.4 m/s

1	Torena Dorset	E&H	11.67
2	Anike Shand - Whittingham	B&B	11.88
3	Rachel Giwa	W&E	12.26
4	Hannah Williams	CDF	12.61
5	Sarah Smith	VPG	12.70
6	Hannah Jones	SWS	12.75
7	Aiya Abe	TSN	16.54

**800m A**

1	Tara Bird	W&E	2.10.82
2	Abbey McGee	VPG	2.11.54
3	Elaine Murty	B&B	2.15.05
4	Nikki Silva	E&H	2.16.13
5	Amanda Jones	SWS	2.19.29
6	Sophie Hall	TSN	2.24.73
7	Lauren Brobin	CDF	2.26.37

**100m B** Wind +3.5 m/s

1	Vickie Cole	B&B	12.03
2	Katie Skelding	W&E	12.20
3	Lucy Onyeforo	E&H	12.31
4	Imogen Miles	CDF	13.05
5	Amanda Jones	SWS	13.74
6	Abbey McGhee	VPG	14.36
7			

**800m B**

1	Rebecca Finch	VPG	2.16.50
2	Kathrine Foy	W&E	2.17.12
3	Bryony Proctor	B&B	2.22.11
4	Elinor Kirk	SWS	2.28.00
5	Leila James	CDF	2.29.81
6	Claire Gallant	TSN	2.37.63
7	Kristy Wilson	E&H	3.17.82

**200m A** Wind +3.5 m/s

1	Margaret Adeoye	E&H	22.31
2	Anike Shand - Whittingham	B&B	24.50
3	Rachel Giwa	W&E	24.89
4	Sian Scott	TSN	25.17
5	Sarah Smith	VPG	25.87
6	Hannah Jones	SWS	25.90
7	Rhianne Jones	CDF	26.58

**1500m A**

1	Bryony Proctor	B&B	4.40.82
2	Amanda Jones	SWS	4.44.34
3	Rhian Dawes	VPG	4.48.09
4	Bethan Strange	CDF	4.48.66
5	Aiya Abe	TSN	4.54.49
6	Lauren Stewart	W&E	5.07.01
7	Sharon McHugh	E&H	5.27.89

**200m B** Wind +3.5 m/s

1	Vickie Cole	B&B	24.73
2	Katie Skelding	W&E	25.23
3	Rachel Lewington	TSN	25.38
4	Lucy Onyeforo	E&H	25.60
5	Jennifer Hannah	VPG	26.21
6	Bryony Turnbull	SWS	26.31
7	Hannah Williams	CDF	26.52

**1500m B**

1	Elaine Murty	B&B	4.46.93
2	Cara Sloss	VPG	4.48.88
3	Vikki Jackson	CDF	5.15.58
4	Kathrine Foy	W&E	5.28.83
5	Elin Leyshon	SWS	5.34.66
6		E&H	6.43.75
7			

**400m A**

1	Claire Gibson	VPG	55.50
2	Joanne Ryan	W&E	56.47
3	Rachel Lewington	TSN	57.42
4	Rhianne Jones	CDF	57.56
5	Rebecca Syrocki	B&B	57.96
6	Michelle McNamara	E&H	58.01
7	Bryony Turnbull	SWS	58.22

**3000m A**

1	Donna Finlayson	VPG	10.22.40
2	Lauren Stewart	W&E	10.28.40
3	Elinor Kirk	SWS	10.36.41
4	Sharon McHugh	E&H	11.00.21
5	Vikki Jackson	CDF	11.04.55
6	Carolyna Jones-Baldock	B&B	12.21.89
7			

**400m B**

1	Tara Bird	W&E	56.02
2	Savannah Echel-Thomson	B&B	57.19
3	Jade McLaren	VPG	57.65
4	Lucy Lougher	CDF	58.93
5	Anwen Rees	SWS	60.65
6	Nikki Silva	E&H	60.81
7			

**3000m B**

1	Elin Leyshon	SWS	11.52.03
2	Andrea Possee	W&E	11.57.27
3	Hannah O'Sullivan	E&H	14.21.73
4			
5			
6			
7			

## 100m Hurdles A Wind +4.8 m/s

1	Serita Solomon	B&B	14.26
2	Nusrat Ceesay	W&E	14.28
3	Caryl Granville	SWS	14.59
4	Sian Scott	TSN	14.86
5	Lucy Lougher	CDF	14.89
6	Emma Rowley	E&H	15.43
7			

## 100m Hurdles B Wind +3.4 m/s

1	Emma Peters	CDF	15.63
2	Lorraine Ugen	B&B	15.72
3	Anwen Rees	SWS	16.90
4	Kristy Wilson	E&H	19.82
5			
6			
7			

## 400m Hurdles A

1	Nusrat Ceesay	W&E	58.53
2	Sian Scott	TSN	59.57
3	Emma Peters	CDF	60.19
4	Caryl Granville	SWS	62.00
5	Kristy Wilson	E&H	67.17
6	Carolyna Jones-Baldock	B&B	85.11
7			

## 400m Hurdles B

1	Ruth Brereton	W&E	61.15
2	Sian Davies	SWS	64.22
3	Rachel Lewington	TSN	65.72
4	Emma Rowley	E&H	66.61
5	Emily Brown	CDF	67.72
6	Rebecca Smith	B&B	76.47
7			

## 2000m Sc A

1	Emily Brown	CDF	7.19.91
2	Elinor Kirk	SWS	7.31.73
3	Diana Kennedy	W&E	7.37.80
4	Rebecca Smith	B&B	8.21.33
5	Charlotte O'Neill	E&H	9.43.68
6			
7			

## 2000m Sc B

1	No competitors		
2			
3			
4			
5			
6			
7			

## Discus Throw A

1	Hollie Redman	W&E	37.58
2	Stacey Wilson	VPG	34.66
3	Sharifa Brown	E&H	28.96
4	Frances Athanes	B&B	27.07
5	Jo Davis	SWS	20.77
6	Ayla Phillips	CDF	20.62
7	Becca Carozzi	TSN	14.36

## Discus Throw B

1	Sarah Smith	W&E	26.47
2	Liz Hughes	B&B	25.11
3	Katie Horne	VPG	24.94
4	Charlotte Rose	E&H	22.95
5	Anna Leyshon	SWS	16.01
6	Sarah Ellis	TSN	13.30
7	Bethan Strange	CDF	12.73

## Hammer Throw A

1	Katie Horne	VPG	48.17
2	Sarah Smith	W&E	45.32
3	Beth Sewell	CDF	42.66
4	Charlotte Rose	E&H	31.36
5	Jo Davis	SWS	21.45
6	Sarah Ellis	TSN	19.41
7	Carolyna Jones-Baldock	B&B	5.30

## Hammer Throw B

1	Stacey Wilson	VPG	46.83
2	Emma Smith	W&E	37.51
3	Ayla Phillips	CDF	34.38
4	Yvonne Jacobs	E&H	29.44
5	Kath Evans	SWS	20.89
6	Becca Carozzi	TSN	7.441
7	Rebecca Syrocki	B&B	5.20

## High Jump A

1	Ayamba Akim	W&E	1.78
2	Erin Leggate	VPG	1.65
3	Ellie Howarth-Brown	TSN	1.55
4	Charlotte O'Neill	E&H	1.55
5	Rachel Arnheim	B&B	1.50
6	Imogen Lewis	CDF	1.40
7	Kath Evans	SWS	1.40

## High Jump B

1	Lucinda Logan	VPG	1.55
2	Kristina Blackett	W&E	1.50
3=	Emily Martin	B&B	1.45
3=	Hannah O'Sullivan	E&H	1.45
5	Emma Peters	CDF	1.40
6	Claire Gallant	TSN	1.35
7	Elin Leyshon	SWS	1.25

#### Javelin Throw A

1	Emma Smith	W&E	46.02
2	Claire Williams	SWS	38.71
3	Sarah Ellis	TSN	38.43
4	Estelle Kagambega	VPG	36.93
5	Felicia Rodolpho	E&H	32.85
6	Emily Martin	B&B	31.60
7	Imogen Miles	CDF	21.17

#### Javelin Throw B

1	Jo Davis	SWS	28.43
2	Hollie Redman	W&E	27.64
3	Sharifa Brown	E&H	24.80
4	Elaine Henderson	VPG	24.53
5	Frances Athanes	B&B	20.31
6	Sophie Hall	TSN	10.65
7	Laila James	CDF	8.57

#### Long Jump A

1	Kimberley Murray	W&E	5.81w
2	Davina Houston	E&H	5.61w
3	Elaine Henderson	VPG	5.58
4	Imogen Miles	CDF	5.54
5	Sian Davies	SWS	4.91
6	Ellie Howarth-Brown	TSN	4.36
7	Rachel Arnheim	B&B	4.33w

#### Long Jump B

1	Dee Bakri	E&H	5.58w
2	Claire Gallant	TSN	4.36
3	Imogen Lewis	CDF	3.91w
4	Bryony Turnbull	SWS	3.74w
5	Zaynab Ceesay	W&E	3.29w
6			
7			

#### Pole Vault A

1	Rachel Arnheim	B&B	3.50
2	Hannah Abrahams	CDF	3.50
3	Courtney MacGuire	VPG	3.50
4	Louise Shortland	W&E	3.40
5	Katie Moey	E&H	2.70
6	Anna Leyshon	SWS	2.30
7			

#### Pole Vault B

1	Liz Hughes	B&B	3.50
2	Jessica Abrahams	CDF	3.40
3	Jennifer Graham	VPG	3.20
4	Kirsty McIntosh	W&E	3.10
5	Izzy Krassismenou	E&H	2.10
6			
7			

#### Shot Put A

1	Stacey Wilson	VPG	10.65
2	Liz Hughes	B&B	10.33
3	Charlotte Rose	E&H	10.15
4	Sarah Smith	W&E	9.97
5	Ayla Phillips	CDF	9.46
6	Kath Evans	SWS	8.85
7	Becca Carozzi	TSN	6.96

#### Shot Put B

1	Hollie Redman	W&E	9.72
2	Sharifa Brown	E&H	9.31
3	Frances Athanes	B&B	9.13
4	Caryl Granville	SWS	8.57
5	Katie Horne	VPG	8.35
6	Leila James	CDF	7.99
7	Ellie Howarth-Brown	TSN	5.99

#### Triple Jump A

1	Stephanie Aneto	W&E	12.86
2	Dee Bakre	E&H	11.83w
3	Elaine Henderson	VPG	11.26
4	Sian Davies	SWS	10.80
5	Emily Martin	B&B	10.70w
6	Hannah Williams	CDF	9.30w
7			

#### Triple Jump B

1	Nusrat Ceesay	W&E	11.03
2	Emily Brown	CDF	9.11
3	Anna Leyshon	SWS	8.89
4	Michelle McNamara	E&H	8.87w
5			
6			
7			

#### 4 x 100m Relay

1	B & B		47.67
2	W & E		48.29
3	E & H		48.49
4	VPG		50.07
5	Cardiff		50.11
6	Swansea		51.26
7			

#### x 400m Relay

1	W & E		3.51.95
2	VPG		3.53.04
3	B & B		3.58.07
4	Swansea		4.00.44
5	E & H		4.04.38
6	Cardiff		4.04.60
7	TSN		4.15.96

Match Result

1	Woodford G & Essex Ladies	246	8
2	Blackheath & Bromley	187.5	7
3	Enfield & Haringey	179.5	6
4	Victoria Park Glasgow	174	5
5	Swansea H	160	4
6	Cardiff AAC	154	3
7	Team Southampton	92	2

Final League Standings

1	Woodford G & Essex Ladies	24	
2	Blackheath & Bromley	19	
3	Enfield & Haringey	17	
4	Swansea H	12	475
5	Cardiff AAC	12	457
6	Team Southampton	12	387
7	Victoria Park Glasgow	8	
	Rugby & Northampton withdrawn		