

Midland 1 - West County Ground, Swindon
Sunday 19 Jul 2009

FINAL MATCH SCORES AND POSITIONS



Posn	Points after	82 event(s)
1	Cardiff AAC	460.0
2	Newport Harriers	217.0
3	Swindon Harriers	214.0
4	Hereford &County AC	139.0

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Perf
Grades

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	Perf	Wind	Reco ds	Grade		Perf	Wind	Reco ds	Grade
T32 U17M 100m 'A'					U17M 100m 'B'				
1	6 Doran Hassan	Cardiff AAC	12.10	G4	1	24 Matthew Tanner	Swindon Harriers	12.40	
2	23 Rob Churchill	Swindon Harriers	12.10	G4	2	5 Osian Hughes	Cardiff AAC	12.50	
3					3				
4					4				
T8 U17M 200m 'A'					U17M 200m 'B'				
1	23 Rob Churchill	Swindon Harriers	24.50	G4	1	5 Osian Hughes	Cardiff AAC	26.10	
2	6 Doran Hassan	Cardiff AAC	24.70	G4	2				
3	21 James Morgan	Newport Harriers	25.40		3				
4					4				
T25 U17M 400m 'A'					U17M 400m 'B'				
1	23 Dan Large	Swindon Harriers	52.90	G2*	1	6 James Hunt	Cardiff AAC	56.90	
2	5 Alex Coomber	Cardiff AAC	53.50	G3*	2				
3					3				
4					4				
T14 U17M 800m 'A'					U17M 800m 'B'				
1	5 Alex Coomber	Cardiff AAC	02:02.0	G3*	1	6 James Hunt	Cardiff AAC	02:08.4	G4
2	21 Enrys Penny	Newport Harriers	02:10.1	G4	2				
3					3				
4					4				
T37 U17M 1500m 'A'					U17M 1500m 'B'				
1	22 Ben McEwan	Newport Harriers	04:33.5	G40	1	21 Enrys Penny	Newport Harriers	04:54.9	00
2	5 Joel Redman	Cardiff AAC	05:04.2	00	2	6 Gareth Jones	Cardiff AAC	05:07.9	00
3					3				
4					4				
T16 U17M 3000m 'A'					U17M 3000m 'B'				
1	6 Lloyd Bradley	Cardiff AAC	10:37.8	00	1	5 Tom Howles	Cardiff AAC	11:15.7	00
2					2				
3					3				
4					4				

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Perf Grades

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				Perf	Wind	Records	Grades	Sunday, July 19 2009				
T2 U17M 400mH 'A'								U17M 400mH 'B'				
1	5	Sam Morgan	Cardiff AAC	65.00				1				
2	23	Akash Pednekar	Swindon Harriers	65.10				2				
3	21	Ben McEwan	Newport Harriers	68.30				3				
4								4				
T23 U17M 100mh 'A'					Wind=			U17M 100mh 'B'				
1	6	Nathan Lawrence	Cardiff AAC	15.90		G4		1	5	Sam Morgan	Cardiff AAC	16.50
2	23	Akash Pednekar	Swindon Harriers	16.10				2	24	Danny Bowles	Swindon Harriers	17.00
3								3				
4								4				
T44 U17M 1500m S/Chase 'A'								U17M 1500m S/Chase 'B'				
1	96	No Competitors Declare						1				
2								2				
3								3				
4								4				
F2 U17M 5k Hammer 'A'								U17M 5k Hammer 'B'				
1	5	Bradley Cole	Cardiff AAC	34.90		G3		1	21	Tom Aviss	Newport Harriers	24.29
2	22	Lewis Jones	Newport Harriers	26.59		G4		2	6	Tom Howles	Cardiff AAC	18.80
3								3				
4								4				
F9 U17M 1.5k Discus 'A'								U17M 1.5k Discus 'B'				
1	6	Ryan Leonard	Cardiff AAC	31.83		G3		1	22	Lewis Jones	Newport Harriers	17.83
2	21	Tom Aviss	Newport Harriers	26.90		G4		2				
3	23	Akash Pednekar	Swindon Harriers	16.25				3				
4								4				
F22 U17M 5k Shot 'A'								U17M 5k Shot 'B'				
1	5	Liam Dascombe	Cardiff AAC	10.46		G4		1	6	Ryan Leonard	Cardiff AAC	9.69 G4
2	21	Lewis Jones	Newport Harriers	10.37		G4		2	22	Tom Aviss	Newport Harriers	9.66 G4
3	24	Dan Large	Swindon Harriers	8.04				3	23	Matthew Tanner	Swindon Harriers	7.33
4								4				

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F32 U17M 700g Javelin 'A'

	Perf	Wind	Records	Grade
1	6 Ryan Leonard	Cardiff AAC	46.02	G2*
2	21 James Morgan	Newport Harriers	2.27	
3				
4				

U17M 700g Javelin 'B'

	Perf	Grades
1	5 Liam Dascombe	Cardiff AAC 29.75
2		
3		
4		

F13 U17M Pole Vault 'A'

1 96 No Competitors Declare

U17M Pole Vault 'B'

F29 U17M High Jump 'A'

1	15 Chris Brookes	Hereford &County A	1.73	G3
2	5 Nathan Lawrence	Cardiff AAC	1.50	

U17M High Jump 'B'

1	6 Gareth Jones	Cardiff AAC	1.40
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F17 U17M Long Jump 'A'

1	23 Matthew Tanner	Swindon Harriers	5.25	G4
2	5 Alex Coomber	Cardiff AAC	4.94	
3	15 Chris Brookes	Hereford &County A	4.83	
4				

U17M Long Jump 'B'

1	24 Danny Bowles	Swindon Harriers	4.51
2	6 Nathan Lawrence	Cardiff AAC	4.43
3			
4			

F34 U17M Triple Jump 'A'

1	23 Rob Churchill	Swindon Harriers	11.38	G4
2	15 Chris Brookes	Hereford &County A	10.83	G4
3	5 James Hunt	Cardiff AAC	10.36	
4				

U17M Triple Jump 'B'

1	6 Osian Hughes	Cardiff AAC	9.60
2			
3			
4			

T30 U15B 100m 'A'

Wind=

1	5 Sam Gordon	Cardiff AAC	12.20	G3*
2	23 Tim Ogu	Swindon Harriers	13.00	G4*
3	15 Perry Fry	Hereford &County A	13.80	
4				

U15B 100m 'B'

Wind=

1	6 James Maclean	Cardiff AAC	12.60	G4*
2	16 Jacob Harman	Hereford &County A	14.90	
3				
4				

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Grades

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				Perf	Wind	Reco	ds	Grade									
									Sunday, July 19 2009								
T6 U15B 200m 'A'					Wind=				U15B 200m 'B'					Wind=			
1	5	Sam Gordon	Cardiff AAC	25.00		G3*			1	6	James Maclean	Cardiff AAC	25.90			G4	
2	23	Tim Ogu	Swindon Harriers	25.30		G3*			2	16	Anthony Watkins	Hereford &County A	28.70				
3	15	Perry Fry	Hereford &County A	27.20					3	24	Jack Fawcett	Swindon Harriers	30.80				
4									4								
T24 U15B 400m 'A'									U15B 400m 'B'								
1	5	Tom Bevan	Cardiff AAC	55.30		G2*			1	6	Iwan Hughes	Cardiff AAC	62.00				
2	21	Curtis Goodger	Newport Harriers	60.50		G4			2	23	Jack Fawcett	Swindon Harriers	68.70				
3	15	Anthony Watkins	Hereford &County A	63.10					3								
4	24	Joe Grant	Swindon Harriers	66.20					4								
T12 U15B 800m 'A'									U15B 800m 'B'								
1	5	Tom Bevan	Cardiff AAC	02:07.8		G2*			1	6	Jacob Preece	Cardiff AAC	02:23.8				
2	23	Tom Campbell	Swindon Harriers	02:17.3		G4			2	24	Joe Grant	Swindon Harriers	02:25.3				
3	21	Curtis Goodger	Newport Harriers	02:19.5		G4			3	22	Jack Fear	Newport Harriers	02:28.5				
4									4								
T35 U15B 1500m 'A'									U15B 1500m 'B'								
1	23	Matt Raymond	Swindon Harriers	05:02.1		00			1								
2	5	Jack Gooch	Cardiff AAC	05:09.1		00			2								
3	15	William Maul	Hereford &County A	05:17.1		00			3								
4									4								
T21 U15B 80mh 'A'					Wind=				U15B 80mh 'B'					Wind=			
1	5	Ben Pearce	Cardiff AAC	12.60		G3*			1	6	George Ivins	Cardiff AAC	14.00			G4	
2	23	Ben Taner	Swindon Harriers	14.10		G4			2	16	Matthew Bennett	Hereford &County A	18.20				
3	15	Jacob Harman	Hereford &County A	14.90					3								
4									4								
F1 U15B 4k Hammer 'A'									U15B 4k Hammer 'B'								
1	23	Ollie Brown	Swindon Harriers	37.69		G2*			1	6	Matteo Holmes	Cardiff AAC	21.71			G4	
2	5	Jac Palmer	Cardiff AAC	25.48		G4			2	15	Thomas Fellowes	Hereford &County A	21.69			G4	
3	16	Charlie Grieg	Hereford &County A	22.22		G4			3	24	Tom Campbell	Swindon Harriers	13.71				
4	21	Matt Arnold	Newport Harriers	17.60					4								

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	Perf	Wind	Records	Grade		Perf	Grade				
F8 U15B 1.25k Discus 'A'					U15B 1.25k Discus 'B'						
1	15	Thomas Fellowes	Hereford &County At	29.32	G3	1	16	Charlie Grieg	Hereford &County At	25.91	G3
2	23	Ollie Brown	Swindon Harriers	26.75	G3	2	6	Adrian Lawrence	Cardiff AAC	18.18	
3	5	Deon Garrison	Cardiff AAC	18.58		3					
4	21	Matt Arnold	Newport Harriers	14.07		4					
F23 U15B 4.00k Shot 'A'					U15B 4.00k Shot 'B'						
1	24	Tom Campbell	Swindon Harriers	10.08	G4	1	23	Ollie Brown	Swindon Harriers	9.19	G4
2	5	Matteo Holmes	Cardiff AAC	8.75		2	6	Deon Garrison	Cardiff AAC	6.52	
3	15	Charlie Grieg	Hereford &County At	8.24		3					
4	21	Matt Arnold	Newport Harriers	5.97		4					
F33 U15B 600g Javelin 'A'					U15B 600g Javelin 'B'						
1	5	Matteo Holmes	Cardiff AAC	25.70		1	6	Deon Garrison	Cardiff AAC	22.37	
2	15	Thomas Fellowes	Hereford &County At	25.39		2	24	Joe Grant	Swindon Harriers	9.42	
3	21	Jack Fear	Newport Harriers	21.04		3					
4	23	Ben Taner	Swindon Harriers	17.23		4					
F16 U15B Long Jump 'A'					U15B Long Jump 'B'						
1	23	Ben Taner	Swindon Harriers	4.65		1	5	Ben Pearce	Cardiff AAC	4.28	
2	6	Ashley Bundy	Cardiff AAC	4.43		2	24	Matt Raymond	Swindon Harriers	3.91	
3	15	William Maul	Hereford &County At	3.90		3	16	Matthew Bennett	Hereford &County At	3.57	
4						4					
F28 U15B High Jump 'A'					U15B High Jump 'B'						
1	6	Ashley Bundy	Cardiff AAC	1.45	G4	1	5	Adrian Lawrence	Cardiff AAC	1.35	
2	24	Jack Fawcett	Swindon Harriers	1.30		2	23	Matt Raymond	Swindon Harriers	1.25	
F12 U15B Pole Vault 'A'					U15B Pole Vault 'B'						
1	96	No Competitors Declare									

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	Perf	Wind	Reco ds	Grade		Perf	Grades	
T28 U13B 100m 'A'					U13B 100m 'B'			
	Wind=					Wind=		
1	21 Ryan Morgan	Newport Harriers	14.30	G4	1	22 Gabriel Johnson	Newport Harriers 14.80	
2	5 Joshua Cooper	Cardiff AAC	14.90		2	6 Aled Griffiths	Cardiff AAC 15.90	
3	23 Reece Munday	Swindon Harriers	15.20		3	24 Oscar Little	Swindon Harriers 17.10	
4	15 Sebastian Fry	Hereford &County A	16.20		4			
T4 U13B 200m 'A'					U13B 200m 'B'			
	Wind=					Wind=		
1	21 Ryan Morgan	Newport Harriers	28.60	G3	1	22 Gabriel Johnson	Newport Harriers 29.80 G4	
2	5 Luke Harry	Cardiff AAC	30.10	G4	2	6 Joshua Cooper	Cardiff AAC 30.80	
3	15 Sebastian Fry	Hereford &County A	34.00		3	24 Reece Munday	Swindon Harriers 31.00	
4	23 Matthew Phillips	Swindon Harriers	36.40		4			
T10 U13B 800m 'A'					U13B 800m 'B'			
1	5 Joe Macpherson	Cardiff AAC	02:42.8		1	6 Tom Johnson	Cardiff AAC 02:48.1	
2	21 Andrew Williams	Newport Harriers	02:57.6		2	22 Stevan Russell	Newport Harriers 03:09.7	
3	23 David Howard	Swindon Harriers	03:17.6		3			
4					4			
T33 U13B 1500m 'A'					U13B 1500m 'B'			
1	21 Rhys Norris	Newport Harriers	04:59.8	G2*	1	6 Kieran Harris	Cardiff AAC 05:38.6 00	
2	23 Josh Gray	Swindon Harriers	05:14.8	G40	2			
3	5 Jacob Foley	Cardiff AAC	05:28.6	00	3			
4					4			
T17 U13B 75mh 'A'					U13B 75mh 'B'			
	Wind=					Wind=		
1	5 Floyd Houghton	Cardiff AAC	13.40	G2	1	6 Oliver Hunt	Cardiff AAC 16.80	
2	21 Kyle Arnold	Newport Harriers	13.60	G2	2			
3	23 David Howard	Swindon Harriers	16.20		3			
4					4			
F15 U13B 3.25k Shot 'A'					U13B 3.25k Shot 'B'			
1	5 Luke Harry	Cardiff AAC	6.03	G4	1	24 Josh Gray	Swindon Harriers 5.19	
2	23 Matthew Phillips	Swindon Harriers	5.82		2	6 Aled Griffiths	Cardiff AAC 3.62	
3	21 Gabriel Johnson	Newport Harriers	5.75		3			
4					4			

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Perf

Wind

Reco

ds

Grade

Sunday, July 19 2009

Perf

Grades

F25 U13B Long Jump 'A'

1	5	Floyd Haughton	Cardiff AAC	4.25	G3
2	22	Ryan Morgan	Newport Harriers	4.25	G3
3	23	Oscar Little	Swindon Harriers	3.27	
4	15	Sebastian Fry	Hereford &County A	3.17	

U13B Long Jump 'B'

1	21	Kyle Arnold	Newport Harriers	3.88	G4
2	6	Jacob Foley	Cardiff AAC	3.84	G4
3	24	Josh Gray	Swindon Harriers	2.94	
4					

F6 U13B High Jump 'A'

1	21	Kyle Arnold	Newport Harriers	1.38	G2*
2	5	Jacob Foley	Cardiff AAC	1.20	G4
3	23	Oscar Little	Swindon Harriers	1.10	

U13B High Jump 'B'

1	22	Stevan Russell	Newport Harriers	1.35	G3*
2	6	Oliver Hunt	Cardiff AAC	1.15	

T31 U17W 100m 'A'

Wind=

1	6	Hanna Jones	Cardiff AAC	13.5	G4
2	21	Stephanie Kinsey	Newport Harriers	14.0	
3	15	Olivia Wilding	Hereford &County A	14.1	
4					

U17W 100m 'B'

Wind=

1	5	Bethany Wheddon	Cardiff AAC	14.7	
2					
3					
4					

T7 U17W 200m 'A'

Wind=

1	15	Olivia Wilding	Hereford &County A	27.5	G4
2	6	Hanna Jones	Cardiff AAC	27.8	
3	21	Antonia Yorkshire	Newport Harriers	28.0	
4					

U17W 200m 'B'

Wind=

1	5	Bethany Wheddon	Cardiff AAC	29.9	
2					
3					
4					

T26 U17W 300m 'A'

1	6	Aimee Hendrickson	Cardiff AAC	43.8	G3*
2	21	Antonia Yorkshire	Newport Harriers	44.1	G4*
3					
4					

U17W 300m 'B'

1	5	Gwen Williams	Cardiff AAC	44.0	G3*
2					
3					
4					

T13 U17W 800m 'A'

1	5	Ceri-Anne Santos	Cardiff AAC	02:49.8	
2					
3					
4					

U17W 800m 'B'

1					
2					
3					
4					

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T36 U17W 1500m 'A'

Perf	Wind	Records	Grade
1	5	Ceri-Anne Santos	Cardiff AAC
2			
3			
4			

05:59.3

00

U17W 1500m 'B'

1
2
3
4

T19 U17W 3000m 'A'

1	98	No Valid Performances
2		
3		
4		

U17W 3000m 'B'

1
2
3
4

T20 U17W 80mh 'A'

Wind=

1	15	Olivia Wilding	Hereford & County A
2	5	Megan Thomas	Cardiff AAC
3			
4			

13.0

G4*

13.3

G4

U17W 80mh 'B'

Wind=

1
2
3
4

T1 U17W 300mH 'A'

1	5	Megan Thomas	Cardiff AAC
2			
3			
4			

51.3

G4

U17W 300mH 'B'

1
2
3
4

F3 U17W 4k Hammer 'A'

1	23	Zoe Large	Swindon Harriers
2	5	Ceri-Anne Santos	Cardiff AAC
3			
4			

18.23

5.98

U17W 4k Hammer 'B'

1
2
3
4

F20 U17W 1.0k Discus 'A'

1	23	Zoe Large	Swindon Harriers
2	5	Megan Thomas	Cardiff AAC
3			
4			

19.28

G4

16.14

U17W 1.0k Discus 'B'

1
2
3
4

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Perf Grades

Midland 1 - West County Ground, Swindon

	Perf	Wind	Records	Grades		Perf	Grades	
F31 U17W 4k Shot 'A'					U17W 4k Shot 'B'			
1	23	Zoe Large	Swindon Harriers	6.60		1		
2						2		
3						3		
4						4		
F26 U17W 600g Javelin 'A'					U17W 600g Javelin 'B'			
1	96	No Competitors Declare				1		
2						2		
3						3		
4						4		
F5 U17W Long Jump 'A'					U17W Long Jump 'B'			
1	6	Hanna Jones	Cardiff AAC	4.37		1	5 Bethany Wheddon Cardiff AAC 3.50	
2						2		
3						3		
4						4		
F35 U17W Triple Jump 'A'					U17W Triple Jump 'B'			
1	6	Aimee Hendrickson	Cardiff AAC	9.23	G4*	1	5 Gwen Williams Cardiff AAC 8.76	
2						2		
3						3		
4						4		
F19 U17W High Jump 'A'					U17W High Jump 'B'			
1	5	Gwen Williams	Cardiff AAC	1.50	G4	1	6 Aimee Hendrickson Cardiff AAC 1.35	
F11 U17W Pole Vault 'A'					U17W Pole Vault 'B'			
1	96	No Competitors Declare						

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T29 U15G 100m 'A'				Wind=	U15G 100m 'B'				Wind=
1	22 Hannah Griffiths	Newport Harriers	12.9	G2*	1	21 Bethan Wakefield	Newport Harriers	13.2	G2*
2	5 Alison Singleton	Cardiff AAC	13.4	G3	2	24 Charlotte Little	Swindon Harriers	14.3	
3	23 Keeleigh Chapman	Swindon Harriers	13.6	G4	3	6 Amy Packham-Smith	Cardiff AAC	14.4	
4	15 Megan Ridsale	Hereford &County A	14.1		4	16 Connie Stovell	Hereford &County A	14.6	
T5 U15G 200m 'A'				Wind=	U15G 200m 'B'				Wind=
1	21 Bethan Wakefield	Newport Harriers	26.7	G2*	1	22 Hannah Griffiths	Newport Harriers	26.7	G2*
2	23 Keeleigh Chapman	Swindon Harriers	26.9	G2*	2	6 Laura Trigg	Cardiff AAC	29.9	
3	15 Megan Ridsale	Hereford &County A	28.3	G4	3	16 Emma Cole	Hereford &County A	30.2	
4	5 Amy Packham-Smith	Cardiff AAC	29.6		4				
T11 U15G 800m 'A'					U15G 800m 'B'				
1	5 Catrin Griffiths	Cardiff AAC	02:40.0		1	15 Emma Cole	Hereford &County A	02:51.5	
2	16 Tasha Webster	Hereford &County A	02:51.1		2	6 Francesca Falsini	Cardiff AAC	03:09.9	
3					3				
4					4				
T34 U15G 1500m 'A'					U15G 1500m 'B'				
1	5 Francesca Morris	Cardiff AAC	05:34.6	00	1				
2	15 Jade Williams	Hereford &County A	05:36.5	00	2				
3					3				
4					4				
T18 U15G 75mh 'A'				Wind=	U15G 75mh 'B'				Wind=
1	23 Keeleigh Chapman	Swindon Harriers	12.3	G2*	1	5 Leonora Foley	Cardiff AAC	13.5	G4
2	6 Rebecca Foley	Cardiff AAC	12.6	G3*	2				
3	15 Sharleen Watkins	Hereford &County A	15.6		3				
4					4				
F4 U15G Long Jump 'A'					U15G Long Jump 'B'				
1	21 Bethan Wakefield	Newport Harriers	4.95	G2*	1	22 Bethan Hill-Howells	Newport Harriers	4.20	G4
2	5 Megan Clarke	Cardiff AAC	4.06		2	6 Chloe Phillips	Cardiff AAC	3.81	
3	16 Hollie Brotherton	Hereford &County A	3.80		3	15 Tasha Webster	Hereford &County A	3.75	
4					4				

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	Perf	Wind	Reco	ds	Grade		Perf	Grades	
T27 U13G 75m 'A'						U13G 75m 'B'			
		Wind=					Wind=		
1	5 Megan Williams	Cardiff AAC	11.2		G4*	1	23 Megan Davies	Swindon Harriers 11.7	
2	22 Katy Hunt	Newport Harriers	11.3		G4	2	6 Bethan Trigg	Cardiff AAC 12.0	
3	15 Laura Morris	Hereford &County A	11.4		G4	3	16 Jessica Williams	Hereford &County A 12.1	
4	24 Emma Piatek	Swindon Harriers	11.6		G4	4	21 Danielle Morgan	Newport Harriers 12.6	
T3 U13G 150m 'A'						U13G 150m 'B'			
		Wind=					Wind=		
1	21 Katie Jane Priest	Newport Harriers	20.9		G2*	1	22 Emma Hennessey	Newport Harriers 22.0 G4*	
2	15 Laura Morris	Hereford &County A	22.9		G4	2	6 Ffion Collins	Cardiff AAC 23.8	
3	5 Megan Williams	Cardiff AAC	23.1			3			
4	23 Megan Davies	Swindon Harriers	23.4			4			
T9 U13G 800m 'A'						U13G 800m 'B'			
1	23 Emma Piatek	Swindon Harriers	02:39.1		G3*	1	21 Cheyenne Sinclair	Newport Harriers 2:44.0	
2	22 Katy Hunt	Newport Harriers	02:43.2		G4	2	6 Carrigon Gristock	Cardiff AAC 3.13.1	
3	5 Kate Seary	Cardiff AAC	03:03.0			3			
4						4			
T22 U13G 1200m 'A'						U13G 1200m 'B'			
1	21 Emma Hennessey	Newport Harriers	04:16.2		G3*	1			
2	23 Georgia Akerman	Swindon Harriers	04:25.9		G40	2			
3	6 Alice Broadley	Cardiff AAC	04:56.5		00	3			
4						4			
T15 U13G 70mh 'A'						U13G 70mh 'B'			
		Wind=					Wind=		
1	5 Bethan Trigg	Cardiff AAC	12.7		G2*	1	6 Ffion Collins	Cardiff AAC 13.9 G4	
2	22 -	Newport Harriers	13.3		G3	2			
3						3			
4						4			
F7 U13G High Jump 'A'						U13G High Jump 'B'			
1	5 Kate Seary	Cardiff AAC	1.30		G3	1	6 Carys Dawe	Cardiff AAC 1.10	

*= AW Standards

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Midland 1 - West County Ground, Swindon

Perf
Wind
Records
Grade

Sunday, July 19 2009

Perf
Grades

F24 U13G Long Jump 'A'

Rank	Perf	Name	Club	Wind	Records	Grade
1	21	Katie Jane Priest	Newport Harriers	4.00	G3	
2	15	Laura Morris	Hereford & County Athletics	3.67	G4	
3	5	Bethan Trigg	Cardiff AAC	3.67	G4	
4	24	Emma Piatek	Swindon Harriers	3.00		

U13G Long Jump 'B'

Rank	Perf	Name	Club	Grades
1	22	Danielle Morgan	Newport Harriers	3.40
2	6	Carys Dawe	Cardiff AAC	3.01
3	23	Megan Davies	Swindon Harriers	2.85
4				

F14 U13G 2.72k Shot 'A'

Rank	Perf	Name	Club	Wind	Records	Grade
1	15	Jessica Williams	Hereford & County Athletics	7.09	G3	
2	22	Katy Hunt	Newport Harriers	6.54	G3	
3	6	Carys Dawe	Cardiff AAC	6.52	G3	
4	23	Georgia Akerman	Swindon Harriers	4.49		

U13G 2.72k Shot 'B'

Rank	Perf	Name	Club	Grades
1	21	Danielle Morgan	Newport Harriers	5.03
2	5	Kate Seary	Cardiff AAC	4.28
3				
4				

*= AW Standards

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Midlands Midland 1 - West County Ground, Swindon

Perf Wind Recor ds Grade **Sunday, July 19 2009**

	Perf	Wind	Recor ds	Grade	Perf	Grades	
T43 17M 4x100m							
1	23	Swindon Harriers	Rob Churchill	Akash Pednekar	Matthew Tanner	Danny Bowles	47.70
2	5	Cardiff AAC	Doran Hassan	Osian Hughes	Gareth Jones	Nathan Lawrence	57.60
3							
4							
T47 17M 4x400m							
1	5	Cardiff AAC	James Hunt	Lloyd Bradley	Alex Coomber	Sam Morgan	##### *
2							
3							
4							
T41 15B 4x100m							
1	5	Cardiff AAC	Ben Pearce	Sam Gordon	James Maclean	George Ivins	52.10
2	23	Swindon Harriers	Jack Fawcett	Ben Taner	Tim Ogu	Nyle Clinton	53.40
3	15	Hereford &County AC	William Maul	Matthew Bennett	Thomas Fellowes	Anthony Watkins	60.70
4							
T46 15B 4x400m							
1	23	Swindon Harriers	Tom Campbell	Tim Ogu	Joe Grant	Nyle Clinton	#####
2	5	Cardiff AAC	Iwan Hughes	Jack Gooch	Jacob Preece	George Ivins	#####
3							
4							
T39 13B 4x100m							
1	21	Newport Harriers	Ryan Morgan	Gabriel Johnson	Kyle Arnold	Rhys Norris	58.50
2	23	Swindon Harriers	Reece Munday	Josh Gray	Oscar Little	Jason Raymond	65.10
3							
4							
T42 17W 4x100m							
1	5	Cardiff AAC	Megan Thomas	Bethan Daw	Bethany Wheddon	Hanna Jones	53.70
2							
3							
4							
T45 17W 4x300m							
1	96	No Competitors Declare					
2							
3							
4							
T40 15G 4x100m							
1	21	Newport Harriers	Bethan Wakefield	Bethan Hill-Howells	Megan Coe	Hannah Griffiths	56.20
2	5	Cardiff AAC	Rebecca Foley	Alison Singleton	Laura Trigg	Amy Packham-Smith	56.30
3	15	Hereford &County AC	Tasha Webster	Megan Ridsale	Connie Stovell	Jade Williams	56.90
4							
T38 13G 4x100m							
1	21	Newport Harriers	Danielle Morgan	Katie Jane Priest	Katy Hunt	Emma Hennessey	59.30
2	5	Cardiff AAC	Kate Seary	Megan Williams	Ffion Collins	Bethan Trigg	62.00
3							
4							

*= AW Standards

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Events	Sw in		Here		New p		Card						Unused		T
	23		15		21		5								
17M 100m	3.0	4.0					4.0	3.0					3	3	20
17M 200m	4.0				2.0		3.0	4.0					1	6	20
17M 400m	4.0						3.0	4.0					3	6	20
17M 800m					3.0		4.0	4.0					3	6	20
17M 1500m					4.0	4.0	3.0	3.0					3	3	20
17M 3000m							4.0	4.0					6	6	20
17M 400mH	3.0				2.0		4.0						1	10	20
17M 100mh	3.0	3.0					4.0	4.0					3	3	20
17M 1500m S													10	10	20
17M 5k Hamm					3.0	4.0	4.0	3.0					3	3	20
17M 1.5k Disc	2.0				3.0	4.0	4.0						1	6	20
17M 5k Shot	2.0	2.0			3.0	3.0	4.0	4.0					1	1	20
17M 700g Jav					3.0		4.0	4.0					3	6	20
17M Pole Vau													10	10	20
17M High Jurr			4.0				3.0	4.0					3	6	20
17M Long Jur	4.0	4.0	2.0				3.0	3.0					1	3	20
17M Triple Jur	4.0		3.0				2.0	4.0					1	6	20
17M 4x100m	4.0						3.0						3		10
17M 4x400m							4.0						6		10
	33.0	13.0	9.0		23.0	15.0	60.0	48.0					65	94	360

15B 100m	3.0		2.0	3.0			4.0	4.0						1	3	20
15B 200m	3.0	2.0	2.0	3.0			4.0	4.0						1	1	20
15B 400m	1.0	3.0	2.0		3.0		4.0	4.0						3		20
15B 800m	3.0	3.0			2.0	2.0	4.0	4.0						1	1	20
15B 1500m	4.0		2.0				3.0							1	10	20
15B 80mh	3.0		2.0	3.0			4.0	4.0						1	3	20
15B 4k Hamm	4.0	2.0	2.0	3.0	1.0		3.0	4.0							1	20
15B 1.25k Disc	3.0		4.0	4.0	1.0		2.0	3.0						3		20
15B 4.00k Sh	4.0	4.0	2.0		1.0		3.0	3.0						3		20
15B 600g Jav	1.0	3.0	3.0		2.0		4.0	4.0						3		20
15B Long Jun	4.0	3.0	2.0	2.0			3.0	4.0						1	1	20
15B High Jum	3.0	3.0					4.0	4.0						3	3	20
15B Pole Vau														10	10	20
15B 4x100m	3.0		2.0				4.0							1		10
15B 4x400m	4.0						3.0							3		10
	43.0	23.0	25.0	18.0	10.0	2.0	49.0	42.0						23	45	280

13B 100m	2.0	2.0	1.0		4.0	4.0	3.0	3.0							1	20
13B 200m	1.0	2.0	2.0		4.0	4.0	3.0	3.0							1	20
13B 800m	2.0				3.0	3.0	4.0	4.0						1	3	20
13B 1500m	3.0				4.0		2.0	4.0						1	6	20
13B 75mh	2.0				3.0		4.0	4.0						1	6	20
13B 3.25k Sh	3.0	4.0			2.0		4.0	3.0						1	3	20
13B Long Jun	2.0	2.0	1.0		3.0	4.0	4.0	3.0							1	20
13B High Jum	2.0				4.0	4.0	3.0	3.0						1	3	20
13B 4x100m	3.0				4.0									3		10
	20.0	10.0	4.0		31.0	19.0	27.0	27.0						8	24	170

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Events	Sw in	Here	New p	Card							Unused	T	
	23	15	21	5									
17W 100m		2.0	3.0	4.0	4.0						1	6	20
17W 200m		4.0	2.0	3.0	4.0						1	6	20
17W 300m			3.0	4.0	4.0						3	6	20
17W 800m				4.0							6	10	20
17W 1500m				4.0							6	10	20
17W 3000m											10	10	20
17W 80mh		4.0		3.0							3	10	20
17W 300mH				4.0							6	10	20
17W 4k Hamn	4.0			3.0							3	10	20
17W 1.0k Disc	4.0			3.0							3	10	20
17W 4k Shot	4.0										6	10	20
17W 600g Jav											10	10	20
17W Long Jun				4.0	4.0						6	6	20
17W Triple Jun				4.0	4.0						6	6	20
17W High Jun				4.0	4.0						6	6	20
17W Pole Vau											10	10	20
17W 4x100m				4.0							6	10	
17W 4x300m											10	10	
	12.0	10.0	8.0	48.0	24.0						102	136	340
15G 100m	2.0	3.0	1.0	1.0	4.0	4.0	3.0	2.0					20
15G 200m	3.0		2.0	2.0	4.0	4.0	1.0	3.0				1	20
15G 800m			3.0	4.0			4.0	3.0			3	3	20
15G 1500m			3.0				4.0				3	10	20
15G 75mh	4.0		2.0				3.0	4.0			1	6	20
15G Long Jun			2.0	2.0	4.0	4.0	3.0	3.0			1	1	20
15G High Jun			2.0		3.0		4.0	4.0			1	6	20
15G Pole Vau							4.0	4.0			6	6	20
15G 1.00k Disc	2.0		4.0	3.0	3.0	4.0	1.0	2.0				1	20
15G 600g Jav	2.0		4.0	3.0	3.0	4.0	1.0	2.0				1	20
15G 3.25k Sh	1.0	1.0	4.0	3.0	3.0	4.0	2.0	2.0					20
15G 4x100m			2.0		4.0		3.0				1	10	
	14.0	4.0	29.0	18.0	28.0	24.0	33.0	29.0			16	35	230

13G 75m	1.0	4.0	2.0	2.0	3.0	1.0	4.0	3.0					20
13G 150m	1.0		3.0		4.0	4.0	2.0	3.0				3	20
13G 800m	4.0				3.0	4.0	2.0	3.0			1	3	20
13G 1200m	3.0				4.0		2.0				1	10	20
13G 70mh					3.0		4.0	4.0			3	6	20
13G High Jun							4.0	4.0			6	6	20
13G Long Jun	1.0	2.0	3.0		4.0	4.0	2.0	3.0				1	20
13G 2.72k Sh	1.0		4.0		3.0	4.0	2.0	3.0				3	20
13G 4x100m					4.0		3.0				3	10	
	11.0	6.0	12.0	2.0	28.0	17.0	25.0	23.0			14	32	170

FINAL MATCH SCORES AND POSITIONS

	3	4	2	1	5	5	5	5		
Points Summa	Sw in	Here	New p	Card					UNUSED	TOTAL
Boys	142.0	56.0	100.0	253.0					259.0	810.0
Girls	47.0	71.0	105.0	182.0					335.0	740.0
Officials	25.0	12.0	12.0	25.0					26.0	100.0
Total	214.0	139.0	217.0	460.0					620.0	####
Position	3	4	2	1	5	5	5	5		